

The **brooke** **FREE**

THE QUARTERLY NEWSLETTER FOR SHOBROOKE



It's OK to chew crab apples with your mouth open

Spring 2025



*Bespoke Classic & Contemporary Kitchens*  
HANDCRAFTED IN DEVON



**ASHGROVE**

KITCHENS, BEDROOMS, BATHROOMS & HOME STUDIES

Telephone 01363 773533 • [www.ashgrovekitchens.co.uk](http://www.ashgrovekitchens.co.uk)

SHOWROOM: 3 MARSH LANE, CREDITON, EX17 1ES.

ALSO IN STORE AT HEARTH & COOK, 14 OAK TREE PLACE, MATFORD, EXETER, EX2 8WA.

*The Brooke* is published quarterly :  
March, June, September, December  
and is delivered **free** to residents of  
Shobrooke parish.

It is also available from:

St Swithun's Church and  
The Red Lion Inn.

#### Contacts for Editorial and Advertising:

**Malcolm Cooke** Tel: 01363 776302

**Anne Birts** Tel: 01363 773677

**thebrookenews@gmail.com**

#### ADVERTISING RATES :

Small classifieds (max 25 words) **FREE**

	3 months	Year
Sixth page: 62x62mm	£15	£45
Quarter page: 90x62mm	£20	£60
Third page: 128x62mm	£25	£75
Half page: 128x92mm	£30	£90
Full page: 188x128mm	£40	£120

Please supply copy by the 15th of the  
month prior to the month of publication.

The present circulation is 300 copies

*Please note we are unable to guarantee the services  
provided by any of our advertisers.*

*All articles and correspondence in this publication reflect  
the views of the writers and should not be read otherwise*

*Please send submissions to:*

**thebrookenews@gmail.com**

**Cover photo : Mandy Jones (also supplied  
the caption)**

Welcome to the Spring issue.

In this issues you will be able to  
see photos from just two of the  
recent events that happened in  
the village.

They go to show the strong  
sense of community that these  
events cultivate.

Events that provide the  
opportunity to meet fellow  
villagers, some for the first time  
even though you both may  
have lived in the village for  
some time. I am sure that  
there are still many more  
people for me to meet in the  
village and I suspect that is the  
same for many of us.

Taking advantage of some or all  
the activities organised in the  
village will allow you to make  
new friends, maybe find new  
interests.

Having a strong community  
around us can only be a good  
thing.

Enjoy the delights of Spring!!!

Malcolm

# The Village Hall

Enquiries, bookings and keys please contact

The Secretary: Alison Ayres

**01363 775103**

alisonjpayres@gmail.com



Shobrooke Village Hall has enjoyed a busy few months with a hilarious pantomime in December and an equally hilarious Burns night in January.

Both bringing laughter and joy to many.

It is so important to have a hall in the Village and we are lucky to have an active committee of volunteers to help keep it all running smoothly. Like any public amenity it is expensive to keep it maintained and insured, and all the health and safety regulations up to date. The regular users help us to break even but we do depend on donations, fundraising and grants for major repairs or buying new equipment.

We are currently trying to raise funds to buy folding chairs which can be stored in a trolley which will save space and be much easier to use. Ideally we would like to purchase these before this year's pantomime.

Extra funding is also required for roof maintenance.

If you would like to make a regular or one off donation to the hall we would be most appreciative.

Payments can be made directly into the hall account using your name or donation as a reference.

Account no. **04506596** Sort **52-30-06**

If you are unable to donate please just come and enjoy events held in the Hall.

**THANK YOU FOR SUPPORTING YOUR VILLAGE HALL.**

## 'Shobrunch'

Saturday 5th April, 9am to 12.30pm, Shobrooke Village Hall.

Come and join us for bacon rolls, veggie sausage baps, teas, coffees and a selection of homemade cakes in our 'village hall cafe'

Board games and a selection of newspapers will be available for you to enjoy at your leisure, or just pop up for a coffee & a chat.

All ages are very welcome. All profits to be donated to the village hall.

# Shobrooke Allotments Association

*Alison Ayres*

**Shobrooke Allotments Association** was founded in March 2009 by Nicola Raffan and has been a successful and productive group over the years. The group hold a plant sale every year, usually around the 17th of May and meet every March and September to discuss allotment business. There are currently 18 plots being worked and 2 plots available from March when we will be entering our 16th season. Rent for a single plot is £30 a year and priority is given to Shobrooke residents.

If you would like to rent a plot, there is only one person on the waiting list at the moment, please contact:

**Lesley Browne - [lesley.browne6@hotmail.com](mailto:lesley.browne6@hotmail.com) or  
Alison Ayres - [alisonjpayres@gmail.com](mailto:alisonjpayres@gmail.com)**



## QUIZ & GAMES NIGHT

SHOBROOKE VILLAGE HALL

FRIDAY 28 MARCH AT 7PM

BRING YOUR OWN NIBBLES...

For more information, please contact Sandra Collier

[Sandracollier57@gmail.com](mailto:Sandracollier57@gmail.com)

ENTRY - £3 PER PERSON



- QUIZ
- GAMES
- RAFFLE
- BAR
- SPOT PRICES

# Photo Gallery 1

Shobrooke Pantomime : Aladdin  
Photos by Laurie Harsant & Malcolm Cooke



# Beware FakeCaptcha scams

## When the “I’m not a robot” button is a trap

How many times have you clicked the “I’m not a robot” CAPTCHA checkbox without a second thought?

We’ve all done it ...countless times - because we know we are not robots!

It’s such a familiar step that we don’t question it. And, cyber criminals have taken note of that.

Enter FakeCaptcha: this malicious tool is designed to mimic real CAPTCHAs while quietly setting you up for infection of your machine. It’s a crafty scam that takes advantage of our online habits.

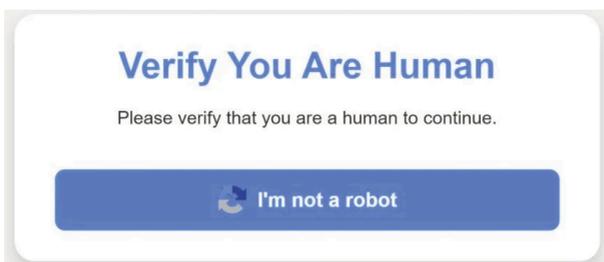
So how do FakeCaptcha scams work and what can we do to protect ourselves?

It starts innocently enough. You land on a compromised website or malicious page, and as usual sometimes happens a CAPTCHA pops up, asking you to prove you’re not a robot.

We know all about CAPTCHAs so off we go....

But here’s what could happen:

***The Click:*** You click “I’m not a robot,” believing it’s a legitimate security measure.



***The Trap:*** A malicious script is quietly copied to your clipboard (you don’t see that happening)

***The Instructions:*** To complete the verification process you’re prompted to paste and run the script (like in the next screenshot shown).



***The Malware:* Once you do that, you trigger the downloaded script which acts as a collector, silently downloading malware onto your system.**

The malware of choice usually deployed in these attacks is Lumma Stealer, a sophisticated information thief capable of stealing passwords, financial data, and personal information found on your machine.

FakeCaptcha is so dangerous because of its familiarity. CAPTCHAs are everywhere. We've clicked them so many times that we don't hesitate when we see one.

Cybercriminals use this routine and almost automatic behaviour to avoid suspicion and to guide you to install malware onto your own system.

The attack feels interactive - after all, you're the one running the script. And that's part of the trick: completing the action yourself may help lower your guard even further.

And this scheme is working. In Q3/2024, researchers at Avast anti virus observed a significant rise in FakeCaptcha campaigns. These attacks are part of a growing trend where scammers manipulate people's actions to deliver malware.

Behind the scenes, the consequences can be serious: a compromised system and data theft. With that, attackers could get what they need to exploit your personal or financial information.

The good news? There are simple yet effective ways to help keep you safe from FakeCaptcha

### **How to help protect yourself against FakeCaptcha scams**

Question the unusual.

If a CAPTCHA appears on a site that doesn't typically require one or asks you to perform additional steps like running scripts, stop immediately.

Never follow manual instructions.

Legitimate CAPTCHAs won't ask you to copy-paste or run scripts.

If they do, it's a red flag.

Keep security software updated - that means applying system updates as they become available. Reliable antivirus software can help catch and block malicious scripts before they do any damage.

Stay informed. Knowing how scams like FakeCaptcha work helps you recognize red warning signals before falling for them in the first place.

The next time you're asked to prove you're "not a robot," think twice. If something feels off, trust your instincts—because staying cautious could be the difference between a harmless click and a malware nightmare.

---

## Feeding Wild Birds and Avian Flu

*Sally Foot*

Many of us enjoy feeding the wild garden birds especially thinking we are helping them in the cold weather when there is less wild food for them.

If you feed the birds it is always very important to adhere to good hygiene standards.

Birds who gather together pass on infectious diseases. They feed in several gardens and so pass it on even to the cleanest of bird stations. Move your feeders around your garden if able to. All feeders should always be washed, wearing gloves, every 2 or 3 weeks in a mild disinfectant whether bird flu is around or not. At the moment it is very prevalent. Otherwise you risk killing them and allowing the passing of infections such as Salmonella, which can be passed to humans, and trichomonosis which effects mainly finches and has decimated thousands especially greenfinches.

Avian flu is being passed onto non wild birds in captivity who then have to be culled. Sick birds will fluff up their feathers, be lethargic and reluctant to fly away. With trichomonosis they may have seeds stuck to their beak as they are hungry but unable to swallow.

Culling for Avian flu has happened to thousands of farmed birds already this year .

If you can't adhere to strict hygiene habits it is better to stop feeding birds. I see many dirty feeders around with mouldy seed in, which are a breeding ground for germs.

Take these precautions and we can all enjoy seeing beautiful birds in our village especially with nesting time and Spring on the way.

# Martin Seddon : A Memorial Tribute

*Joy Moore*



Martin died on January 23, 2025 aged 78 years from a metastatic cancer in Bristol. He was the youngest son of Eileen Seddon a former resident of Shobrooke and later Crediton where she lived independently until the age of 100 years. At the time of Martin's birth the family were living at Zephyr cottage which they rented from the Shelley family. When Martin and his

older brother reached school age the family moved to Exeter in 1953 for schooling and for Mr Seddon's work but Mr and Mrs Seddon returned to Shobrooke in the early 1970's.

Throughout his life Martin retained close links to the Shobrooke community, providing support for his mother Eileen who died at the age of 100 years. She remained active with a range of community activities and attended Shobrooke Church regularly. Eileen was a close friend of Betty Lee who lived at Zephyr cottage (Articles on both Betty and Eileen are described in the Brooke Winter 2019.) Martin was a regular visitor to Shobrooke Harvest Festival, and despite being in the last stages of illness made the effort to attend in September 2024.

At the Harvest Festival of 2017 Eileen celebrated her 100 th birthday and there was a re-launch of the book produced more than 100 years ago of 'Memories of Shobrooke Past and Present' by the Reverend Worthington-Jukes. Martin had painstakingly re-typed the faded script and the book was made available for sale in support of Church Funds.

Martin completed High School in Exeter, did an MA at Cambridge in mechanical sciences and a post graduate degree at Exeter University in penal services and offender management. His professional work throughout his life was devoted to the reform of services for young adult offenders with the focus on rehabilitation and community based programs. In 2001 and for over the next twenty years he became an international justice sector consultant specializing in penal reform to transitional and developing countries . 'His main interest was to persuade East European leaders in the justice sector that reform and rehabilitation of offenders through community-based programs is generally more effective to achieving community safety than incarceration. He worked principally in Russia and Ukraine, but also spent much time in Georgia, Moldova, Turkey, Serbia, Bosnia, Kosovo, Romania, Azerbaijan and Bulgaria'. Martin wrote a life skills manual for young offenders in Russian and a handbook for prisoners on release on how to gain support. Martin was described as 'strategic and effective with staff training and organizational development with his warm and engaging personality.'

In his personal life he loved sailing, classical music, refurbishing jukeboxes and the company of numerous friends. He is survived by his partner, Julia Stafford and their two children as well as three children from his first wife plus six grandchildren.

Joy Moore  
February, 2025

Information and references contained in Brooke edition of 2017, and article by colleague John Harding published in the 'Chief Probation Officers Journal' and submitted to the Guardian news for publication in 'Other Lives' section.

# Photo Gallery 2

## Shobrooke Pantomime : Aladdin

Photos by Laurie Harsant & Malcolm Cooke



- "Would sir like a drink with his meal?"
- "Don't mind if I do .."

Photo : Mandy Jones

# Photo Gallery 3

## Burns Night Ceilidh

Photos by  
Alison and Bethany Ayers



The spirit of the Dance



The spirit of the night



Focus, just  
focus.....



Getting warmed up - ready to go



Toss it? No way!



# Repair Café

Toss it? No way!



Saturday 22nd March  
10am - 12pm



at The Elephant on the Green  
St Lawrence Green, Crediton



## Have you got something that needs fixing?

We can do sewing repairs, general repairs, and electrical items when qualified volunteers are available

Donation per item fixed please.

Expressions of interest from volunteers welcome too!

## CREDITON STRUMMERS



Can you strum a few chords and fancy playing and singing in a welcoming and inclusive atmosphere?

Crediton Strummers meet on Tuesdays, at 7:15 p.m. at the Arts Centre. (After Easter will be Elephant on the Green, Crediton).

Guitars, ukuleles, mandolins, banjos - even autoharps and

squeezeboxes are on the guest list. Everyone is welcome, bring a shaky egg or something to bang if you're nervous about your musicianship. An evening of great fun for everyone.

We'll play some familiar pop, rock, soul and folk songs and get to know each other. Chord and lyric sheets will be available.

For more information contact Ed Finch  
**07810861917** or **Edfinch@edfinch.org**

# St Swithun's Church News



## **CELEBRATING COMMUNITY SPIRIT: HIGHLIGHTS FROM ST SWITHUN'S CHURCH**

Hello from PCC Bobby, what a joy and privilege it was to be a part of Aladdin. There is so much talent in the area, it is great to have spent another year getting to know more and more of you around the Village. Our Christmas events in church were glorifying and well supported, so thank you one and all.

Thank you also for everyone's support with the Open House Steve and I held just before Christmas.

£1,000 was sent to the Princess Basma Centre which is working flat out both in Gaza and in occupied East Jerusalem with disabled children and their families, since the war the focus of work has seen a huge shift in the amount of amputees and trauma cases being dealt with. Contact me if you would like any details sent to you.

£600 was also given to, The Penguin Sports Foundation, offering opportunities for disabled youngsters in North Devon.

Do look at their website, [www.thepenguinsportsfoundation.co.uk](http://www.thepenguinsportsfoundation.co.uk) where you can read about their sterling work and aims.

In a world where it can sometimes feel hard to be optimistic, God offers us something deeper – hope. Lent is an opportunity to put down deep roots of hope, discovering God's promises for the future and his presence of the Holy Spirit with us in the here and now. For centuries, Christians around the world have observed the season of Lent. Lent is the period between Ash Wednesday, this year, 5<sup>th</sup> March, and Easter Day, 20<sup>th</sup> April.

On Ash Wednesday many Christians receive ash on their forehead in the sign of the cross. Historically ashes are a symbol of penitence – acknowledging that we do things wrong and that we are sorry. We are invited to look honestly at our lives and realise where we may have gone off track. Feel free to contact me at any time for a chat, if you so wish.

2025 is the year that the Diocese is reviewing it's Electoral Roll. Whether you are an existing member or would like to become a member, it is time to fill out an Electoral Roll form which can be obtained from Sandra or Victoria.

Whether we believe in a creator God or not, Creation is vast and beautiful in all its diversity, here for us all to enjoy and care for. With that in mind do join in the mad March and Spring fun with St Swithun's.

**Friday 28<sup>th</sup> March:** Quiz and games night, 7pm Village Hall, Bar, raffle, spot games with prizes, teams of up to 6, £3 per person. Book and pay in advance with Sandra, [sandracollier57@gmail.com](mailto:sandracollier57@gmail.com) 01363 777013, to receive a special extra free game ticket, or just come on the night and join in the fun. No team? come anyway.

**Other dates in March:**

**9<sup>th</sup>** 11am 1<sup>st</sup> Sunday in Lent, reflective family service

**23<sup>rd</sup>** 11am Holy Communion

**30<sup>th</sup>** 4pm short gathering with Simnel Cake for Mothering Sunday

**April:**

**13<sup>th</sup>** Palm Sunday meet 11am at the War Memorial for a Procession to church for the traditional Palm Sunday service.

**20<sup>th</sup>** Easter Day, 11am Family Communion with Easter egg hunt.

**May:**

**11<sup>th</sup>** 11am Holy Communion

**Sunday 15<sup>th</sup> June : Village Fun Run** in aid of church funds – watch this space

For more information on upcoming events or to get involved, please contact Revd Sandra Collier ([sandracollier57@gmail.com](mailto:sandracollier57@gmail.com)) or Victoria Leeming ([victoria.leeming@outlook.com](mailto:victoria.leeming@outlook.com)).

We look forward to seeing you!

The Friends of Shobrooke Church was registered as a Charity in 1994, set up to raise funds to preserve our church.

We always welcome new Friends to help us to continue to look after our beautiful Parish Church, St Swithun's.

If you would like to help please consider becoming a Friend. You don't have to be a regular churchgoer. The minimal annual membership subscription is £10, due in April.

If you would like more information please contact:

Rosemary Barber, Secretary of the Friends of Shobrooke Church.

at Bryher, 7 Shobrooke Village, EX17 1AT.

01363 773419

[bryherrose15@gmail.com](mailto:bryherrose15@gmail.com)

# News from Uppincott Farm

by Nick Lee

You may well have noticed that the short length of hedgerow on the way to the War Memorial, just as you leave the village, has been replanted (again)! We have planted some new hedgerows at Uppincott during the winter, about 500 metres this time. Some we have built a new earth bank which will not only look good, it is traditional, and will be a great habitat for wildlife. Having planted a mix of about 3000 plants made up of hawthorn, blackthorn, hazel, spindleberry, crab apple, and dog rose, we found that we had some surplus plants, so it was an ideal opportunity to replant, for the third time, the length of hedge at the top of the village, that the man with the council trimmer seems determined to shave off every time we plant it, but I'm determined that there should be a strong healthy hedge there!



*Alistair helping with hedge planting*

A new crop for Uppincott has been grown this year. Fodder beet is a high sugar, high energy crop and the beef cattle love them. It is said that 4kgs of fodder beet would be equivalent to 1kg of barley, and look very similar to old fashioned mangolds. We used to say that mangolds were 90% water, but it was very good water! The same could be said of beet as a typical analysis would record only 17 to 23 % dry matter. The main difference between beet and mangolds would be that fodder beet do not need to be hand hoed. I have written before about the lengthy hours that we used to spend hoeing mangolds, usually when it was blisteringly hot. At least we could listen to the cricket commentary on David's transistor!



*Fodder Beet Harvester*

The beet can also be mechanically harvested, instead of pulling and loading by hand, and thanks to Mr. White's new machine, and a few unusually dry days, the beet came in to the barn ready to feed to the cattle.

The recent "Tractor Run" came through the village a few Sundays ago. This was organised by the Newton St Cyres YFC and featured a cavalcade of tractors of all shapes and sizes, travelling around Upton Pyne, Brampford Speke, Thorverton, Cheriton Fitzpaine, Shobrooke and Newton St Cyres. Over £10,000 was

raised, all for very deserving charities.

We dusted off our old Ferguson T20 or Little Grey Fergy as they are called, and even after standing unused for three or four years, it started up on the first try. After a short way we were quickly reminded how utterly freezing a tractor with no cab is to drive, (some wit said that the air conditioning was stuck on cold) so we didn't actually get as far as Shobrooke, but headed home to warm up!



*Little Grey Fergy*

Perhaps if there is a classic car night at the Red Lion, and it is a warm summer evening, I will drive the Fergy down. Are tractors welcomed on a car night though?

# A lovely Easter gift to celebrate Spring (or treat yourself!)

## Home Made Fruit and Nut Fudge

### Ingredients

- 200g chocolate (plain or milk, to taste)
- 397g can sweetened condensed milk
- 50g chopped nuts
- 50g dried fruit (sultanas, raisins or cranberries)
- 100g icing sugar, sifted
- 1tsp vanilla extract
- Caster sugar, to sprinkle.



### Method

1. Line a square tin (about 20 x20 cm) with parchment paper, creasing it into corners.
2. Break the chocolate into small pieces and place into a heatproof bowl. Add the condensed milk and place the bowl over a pan of simmering water, making sure the base of the bowl is not in contact with the water.
3. Heat gently, stirring the chocolate until completely melted.
4. Remove from the heat and stir in the fruit and nuts, icing sugar and vanilla until evenly combined.
5. Spoon the mixture into the tin and level the surface with the back of a spoon.
6. Chill for at least 2 hours until the fudge is firm.
7. Lift out of the tin and remove the paper. Dust the surface lightly with the sugar.
8. Using a sharp knife, cut the fudge into small squares.

**Place it in a pretty container and it will make a much appreciated Easter gift!**

# Wellness Page

By 'Dr Feelgood'



Since the experience of COVID many things have moved on in recent years, supermarkets are keen to sell us many more 'dine in' options, streaming channels offer us even more films in every genre, and for many people working at home has become the new norm. There are far more options to keep you at home these days than ever before.

Whilst this is all very convenient it can be easy to become more disconnected from the world around us. As human beings we're not designed to be solitary animals, relating to other people is one of the most important aspects of our lives. People who are more socially connected to family, friends, or their community are said to be happier, physically healthier, and live longer, with fewer mental health problems than people who are less well connected. People in neighbourhoods with higher levels of social cohesion experience lower rates of mental health problems than those in neighbourhoods with lower cohesion, independent of how deprived or affluent a neighbourhood is.

Of course people vary in the degree to which they seek out the company of other people, but we all share the fundamental need to interact with others. A wealth of evidence shows that positive relationships and shared activities contribute to our wellbeing. Conversely, loneliness and social isolation increase health risks, particularly in older people. Life events such as retirement, bereavement and ill health, can reduce social networks and make it harder to stay active socially so it's important to be aware if you're feeling more disconnected from other people.

Increasingly research is indicating that socialising helps keep our brains active too and slows down cognitive decline.

*Research suggests that having close ties to friends and family, and participating in meaningful social activities, may help people maintain their thinking skills better in later life and slow down cognitive decline. People who are socially engaged seem to have a lower risk of dementia. [www.ageuk.org.uk](http://www.ageuk.org.uk)*

Engaging socially involves a wide range of options, AgeUK has some excellent suggestions on [www.ageuk.org.uk](http://www.ageuk.org.uk) which include:

- Join a club, class or social group to meet new people, focusing on relationships or activities you enjoy
- If you have no one around who can help you to engage socially, turn to professionals – for example, telephone hotlines, a local drop-in centre or local religious leaders – who you can ask for help to get out to places to meet people.
- Make a point of regular contact with friends, family members and neighbours
- Digital contacts, for example through email or Facebook, count as well as seeing people in person or talking on the phone. By using computer-based communication, you can expand your social world, for example by joining online communities, as well as maintaining existing contacts.
- Help others, either informally or formally through organisations and volunteering
- Consider having a pet; caring for a cat, dog or bird can help give structure to the day and be a catalyst to social interaction.

There's no denying humans are intensely social and benefit psychologically and physically from social interaction. In Shobrooke we're very lucky that there are a range of social events planned throughout the year, plus we've got a local pub, an active church, a fortnightly craft group, weekly yoga classes, an Allotment Society and a Cricket Club, all of which are welcoming to everyone! Having said that, whilst we might want to connect with others it's not easy for everyone especially if you live alone. If you're aware of someone in the village who might be feeling isolated maybe consider knocking on their door or picking up the phone, it might only take a few minutes of your time but a bit of social interaction could make all the difference.

Wishing you well.

Dr Feelgood :)

For more information or advice please visit [www.ageuk.org.uk](http://www.ageuk.org.uk)

# Local Groups

## Shobrooke Local History Group Records on the move!

Sixteen boxes of Shobrooke Village and Church archives will be leaving Downes where they have been stored for a few years. They will be placed in the Devon Heritage Centre at Sowton, Exeter, where any interested person will be able to have access to them.

Some files and documents, which are referred to most frequently, need to remain in the village and they are kept in the Church.

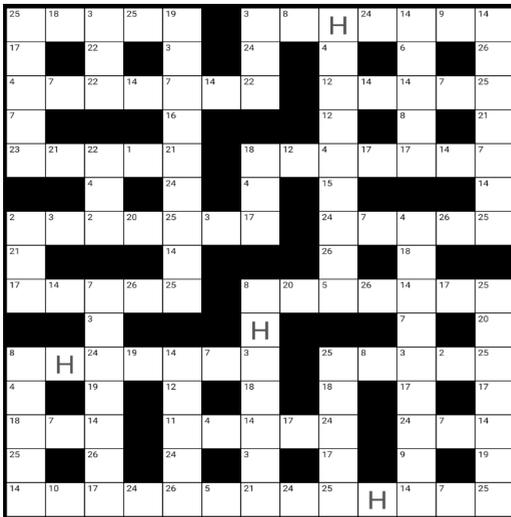
Phil Keen and Caroline Hills and I have been working on revising the plan of all the graves in our churchyard, and the Church Parochial Council has agreed to purchase a finished plan, which will make it easier for anyone who is searching for a grave.

Thanks to both Phil and Caroline who are putting in a great deal of work to enable all this to happen.

Rosemary Barber. Tel: 01363 773419.

Email: bryherrose15@gmail.com

### Codeword Puzzle



1		14	
2		15	
3		16	
4		17	
5		18	
6		19	
7		20	
8		21	
9		22	
10		23	
11		24	
12		25	
13	H	26	

Answer page 30

# CRAFT GROUP

Why don't you come and join our friendly craft group at Shobrooke Village hall...

*It's a great opportunity to meet like-minded people and swap ideas.*

We always look out for different crafts and enjoy trying to learn new skills.



We meet every fortnight, Thursday 10am to 1pm

Contact Jan on 01363 899215 or email [jan.barnyard@gmail.com](mailto:jan.barnyard@gmail.com)

# YOUR LOCAL LEGAL EXPERTS

- Moving Home
- Family Law
- Wills & Probate
- Lasting Powers of Attorney
- Agricultural
- Landlord & Tenant
- Accountancy & Tax Planning
- Commercial Property & Leases



**QualitySolicitors**  
**Charlesworth Nicholl**



Changing the way you see lawyers.

☎ 01363 774706 ✉ [mail@charlesworthnicholl.co.uk](mailto:mail@charlesworthnicholl.co.uk) 🌐 [www.qualitysolicitors.com/charlesworthnicholl](http://www.qualitysolicitors.com/charlesworthnicholl)

31 High Street, Crediton, Devon, EX17 3AJ

## Shobrooke Parish Councillors 2023

Cllr Allan Jones (Chair)	19 School Close, Shobrooke, Crediton, EX17 1AX 01363 777444 Cllr.Jones@shobrookeparishcouncil.co.uk
Cllr. Chris Furse (Vice Chair)	14 Silver Way, Shobrooke, Crediton, EX17 1HP 01363 774495 Cllr.Furse@shobrookeparishcouncil.co.uk
Cllr Lynsay Balkwill	14 The Village, Shobrooke, Crediton, EX17 1AU 01363 775296 Cllr.Balkwill@shobrookeparishcouncil.co.uk
Cllr (Rev) Sandra Collier	37 Mill Street, Crediton, EX17 1EZ Cllr.Collier@shobrookeparishcouncil.co.uk

### DEVON County Councillor

Cllr Margaret Squires	Frostland Farm, Copplestone, Crediton EX17 5NY 01363 84337 margaret.squires@devon.gov.uk
-----------------------	--

### Mid Devon District Councillors

Cllr Mark Jenkins	6 St Swithins Gardens, Sandford, Crediton, EX17 4LY 01363 773900 07580 319314 mjenkins@middevon.gov.uk
Cllr Helen Tuffin	Buller Road, Crediton, EX17 2AX htuffin@middevon.gov.uk
Website	<a href="http://www.shobrookeparishcouncil.co.uk">www.shobrookeparishcouncil.co.uk</a>
Parish footpath officers	Bethan Ditchfield and Victoria Leeming
Playing fields liason officer	Ben Jacobs
Neighbourhood Watch Officer	Lesley Browne
Website officer - clerk	Mrs. Clarke, Rosefield, Northlew, Okehampton, Devon EX20 3BN 07886004919 shobrookepc@gmail.com,

# Shobrooke Parish Council

A full copy of the most recent agreed minutes is posted on the Parish Council noticeboard in the bus shelter each month, and the minutes for all recent meetings can be found on the parish council website:

**<https://www.shobrookeparishcouncil.co.uk>**

Parish Council meetings take place on the second Wednesday every month where everyone is welcome to attend.

A public participation session is held at the start of each meeting.

## **News from the Parish Council**

After an eventful Winter the council looks forward to an active spring.

We are in need of a new snow warden, if you have a four wheel drive and your licence allows for towing of a vehicle please get in touch with our clerk. There will be a need to attend a training course run by the district council and you must like early mornings!

Our County Councillor Squires indicated that upholstered furniture can not be taken to the local recycling centres from the 1st December onwards, it can only be taken to Tiverton. However the bulk collection still remains in place, so the council will still pick up your heavy items and recycle them for you for a set fee.

We are always after new councillors, if you would like to join us contact the clerk on [shobrookepc@gmail.com](mailto:shobrookepc@gmail.com), were a friendly group trying to serve our community as best we can.

## **Winter Fuel Payments**

**If any villager thinks they may be entitled to the winter fuel payments please contact Councillor Allan Jones (01363 777444), so he may assist you with your application, particularly if you do not have access to a computer and / or transport.**

**The Parish Council is contacting Tiverton to try and get a facility for checking your identification etc in Crediton to save any travelling to Tiverton.**

**But please do not wait to contact us, we don't want anyone going cold this winter. Allan's phone number is:- 01363 777444 alternatively contact the clerk on 0788 600 4919.**

**The deadline is in March.**

**We will be carrying out a leaflet drop as well, but there's no harm in giving us a call, we're here to help!**

## Sustainable CREDITON March and April dates:

**Wednesday 19 March 19:00–21:00**, CREDITON Methodist Church, EX17 3AW: Film Show “Food for Thought”. A film produced by Cornwall Climate Care (entry by donation). The film looks at the undeniable impacts of modern animal agriculture and some Cornish initiatives underway to mitigate them. It looks at regenerative farming and food production. Followed by a Q&A discussion with local farmers David Govier, Sam Bullingham and James Dyke.

**Saturday 22 March 10.00 – 12noon**, at the Elephant on the Green EX17 3LL: our monthly Repair Café. Bring along your household items to be mended (donations per item fixed)

**Saturday 5 April 10.00 – 1.00pm**, at the Sustainabubble in the Market Square (8 North Street EX17 2BT): Bikes galore! A sale of re-conditioned bikes from ‘Graham’s Recyclables’. (The Sustainabubble is generally open to visitors on the 1st and 3rd Saturdays of the month – Farmers’ Market Days.)

**Thursday 10 April 7.00pm–9.00 pm**, CREDITON Arts Centre, East Street, EX17 3AX: Sustainable CREDITON’s Annual Meeting. Come along and find out more. Meet and make friends over cake; volunteer if you want to!

[sustainablecrediton.org.uk](http://sustainablecrediton.org.uk)



## The Fibonacci Quartet



The outstanding Fibonacci Quartet returns to open our 2025 season: their thrilling performance last year came on the heels of winning the YCAT audition and they have continued to win accolades since.

Works by Grime, Janáček and Smetana

---

**Sunday, 25th May – 3pm at  
CREDITON Parish Church**

---

All welcome: Disabled access, free parking, refreshments

See our website for ticket information

[www.bonifaceconcerts.co.uk](http://www.bonifaceconcerts.co.uk)

# CREDITON CAR & M.O.T. CENTRE

01363 776076 (SALES) 01363 772515 (SERVICE)

[www.crediton-carcentre.co.uk](http://www.crediton-carcentre.co.uk)



**QUALITY NEW AND USED CARS**  
HONDA SPECIALISTS

STOCKISTS OF GENERAL TIRE  TYRES



**FULL RANGE OF TYRES INCLUDING 4X4 and VAN TYRES**

*D. Worden and A. Dafters*

Please note that the path through the allotments is a  
**Permissive Path and not a right of way.**



Please ensure dogs are kept on a lead.

Thank you for your co-operation



## EAKERS DIY

Marsh Lane, Crediton.

Tel: 01363 775555

[www.eakersdiy.co.uk](http://www.eakersdiy.co.uk)

Email: [info@eakersdiy.co.uk](mailto:info@eakersdiy.co.uk)

*ALLAN M. GIBB*

**PAINTER & DECORATOR**  
**CITY & GUILDS +CITB**  
**QUALIFIED**

\*

**OVER 25 YEARS of EXPERIENCE**  
**WORKING IN YOUR LOCAL AREA**

**CSCS REGISTERED**

**TELEPHONE: 01363 773515**

**MOBILE: 07840 963920**

**NO VAT + FULLY INSURED**

# Newton St Cyres Tennis Club



Spring must be around the corner!

We will have our AGM late March and then the new membership year will start in April.

If you are ready to have a go at some tennis, then contact our membership secretary **Laura Leigh** for more details:

- 01647 24259 or
- [membership@newtonstcyrestennisclub.co.uk](mailto:membership@newtonstcyrestennisclub.co.uk)

You shall have an enjoyable year of tennis and banter and friendships.

The Rusty Racket Members' Group is thriving and playing a couple of times a week. When you become a member and you feel rusty then do contact **Sue Bloomfield** at [rustyrackets@newtonstcyrestennisclub.co.uk](mailto:rustyrackets@newtonstcyrestennisclub.co.uk)

Junior coaching is now run by our new junior coach **James Temple** and is well attended and takes place on Wednesdays after school during term time. If you would like to enrol for the spring term please email: [juniors@newtonstcyrestennisclub.co.uk](mailto:juniors@newtonstcyrestennisclub.co.uk) for further information and put your name down and check if there is room in the right age and right level group.

**Jon Wills** our coach offers private coaching both individually and for small groups, so if you feel you need to brush up your skills or learn more about the doubles' game, just get in touch with Jon Wills via our website or [coach@newtonstcyrestennisclub.co.uk](mailto:coach@newtonstcyrestennisclub.co.uk).

The Tennis Club now has a super duper ball machine which means you can practise, all by yourself. A number of members are now trained in using the machine so if you would like to have a go, please contact the Club.

**[www.newtonstcyrestennisclub.co.uk](http://www.newtonstcyrestennisclub.co.uk)**

# SEASONED LOGS

FULL LOAD

2.5m<sup>3</sup>

**£220**

*loose tipped*

HALF LOAD

1.25m<sup>3</sup>

**£120**

*loose tipped*

BULK BAG

0.625m<sup>3</sup>

**£70**

# PART SEASONED LOGS

FULL LOAD

2.5m<sup>3</sup>

**£200**

*loose tipped*

HALF LOAD

1.25m<sup>3</sup>

**£110**

*loose tipped*

BULK BAG

0.625m<sup>3</sup>

**£65**

Part seasoned logs will be ready to burn from autumn onwards if bought in spring/early summer and stored off the ground in airy conditions, e.g. log store.



To place your order, contact **Martin Newbery**



**07967 219559**



**martinjohnnewbery@hotmail.co.uk**



**newberyfirewood.co.uk**



**ALL PRICES INCLUDE VAT@5% & DELIVERY**

## Hedgehog Support contact details

John Groves, Hedgehog Rescue at East Village	07966 435147
Francisco Van Holthoon at Coleford	01363 85394 079296 60112
Elm Wildlife and HH Rescue, Newton Abbot	07971 276658
Boniface Vets Crediton	01363 772 860
Mid Devon Hedgehog Highway Scheme	Facebook group - very active and supportive
Marion from Cheriton Fitzpaine (rescue)	01363 866112

Codeword  
Answers

A	B	C	D	E	F	G	H	I	J	K	L	M
3	2	8	22	14	11	5	13	24	6	23	12	19
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
26	4	18	16	7	25	17	21	9	15	10	20	1



**Roberts & Co**  
Electrical Ltd



**01395 274858**

**01392 770270**

**01363 760076**

House Rewires  
Electrical Vehicles  
Domestic Services  
Commercial Services  
PAT Testing  
Fire Alarm Services



**24 HOUR EMERGENCY CALLOUT**



01392 860004



MOT

TYRES

BRAKES

WASH

SERVICES

A/C

RECOVERY

COURTESY

CARS

+



# WE HAVE EXPANDED!

Our capacity and services have now increased to meet the varying needs of our customers. We now have a NEW Body Workshop & Ultra Powerful Jet Car-Wash



Call us TODAY  
01392 860004

C&R REPAIRS LTD, THORVERTON MILL,  
EXETER EX5 5LX



## BUYING A CAR?

## NEED STORAGE?



C&R SALES SW LTD



View our current selection at C&R or online

[www.candrsalessw.com](http://www.candrsalessw.com)

Tel: 01392 860808

CONTACT US FOR MORE DETAILS

Tel: 01392 860808

# K.S.BEVAN LTD

## ***BUILDING CONTRACTOR***

TELEPHONE:

01363 774337  
07816 139402

Barn conversions, New builds, Extensions.  
All aspects of building work undertaken by  
professional tradesmen to a very high standard.

*Over 30 years experience in the building trade*

[ksbevanltd@hotmail.co.uk](mailto:ksbevanltd@hotmail.co.uk)

 **gilbertstephens** LLP  
SOLICITORS

# When you need advice we have the solution

Call our CREDITON  
office 01363 77 55 66

Manor Office, North Street  
EX17 2BR

Call our Exeter  
office 01392 42 42 42

15-17 Southernhay East  
EX1 1QE

Call our Okehampton  
office 01837 51 21 00

Rosemary House, Market Street  
EX20 1HN

Other offices at Budleigh Salterton, Ottery St Mary and Sidmouth.

Visit [gilbertstephens.co.uk](http://gilbertstephens.co.uk) for more information

Gilbert Stephens LLP is authorised and regulated by the Solicitors Regulation Authority (no: 536070)



**F. J. STEVENS & SON Ltd**

MONUMENTAL MASONS

Crediton: 01363 776816

Barnstaple: 01271 861624

Email: [fjsmemorials@outlook.com](mailto:fjsmemorials@outlook.com)

Website: [www.fjsmemorialsandheadstones.co.uk](http://www.fjsmemorialsandheadstones.co.uk)



**GREAT  
GUTTON FARM**

[www.greatgutton.co.uk](http://www.greatgutton.co.uk)

Luxurious self catering cottages on the outskirts of Crediton, with indoor heated pool.

*Escape, relax and unwind*

Great Gutton, Shobrooke, Crediton EX17 1DJ

**Telephone: 01363 776073**

**A.E. Lee**  
Est 1915 **outfitters**

**Comfortable Clothes at  
comfortable prices**



**17 High Street, Crediton  
01363 774131**



**SIMON NUTHALL**

All types of  
Tree and Fence Work

Firewood Supplied

*Fully Insured*

*Free Quotations*

*Debris Removal*

For a friendly reliable service telephone:

**01363 866355**

Mobile: 07980 592266

## Computer Support and Supply Services

Local, friendly, professional, unbiased.

- For home or business users.
- Desktops and laptops supplied, upgraded, mended or prepared for disposal.
- Hardware and software provided, set up and demonstrated.
- Changeover service including moving data from and old to a new computer
- Printers, scanners, local and broadband networking set up or modified.
- "How to" topics demonstrated, with personalised notes.



Remote support sessions and home visits a speciality, including evenings or weekends, to suit you.

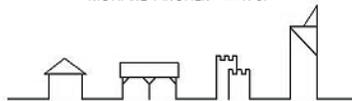


Contact **Ian Gunter** on

**01392 851841**

## ARCHITECTURAL SERVICES

RICHARD ARCHER Est 1987



PLANNING DRAWINGS for  
EXTENSIONS CONVERSIONS NEW BUILDS

PLANNING & BUILDING REGULATION APPLICATIONS

**SIMON ARCHER M: 07966 347 957**

**E: [simon@architectural-services.org](mailto:simon@architectural-services.org)**

Visit the website: [architectural-services.org](http://architectural-services.org)

Copplestone Devon

**DESIGN**

**DRAWINGS**

**SURVEYS**

**ADVICE**

## QUALITY INSURANCE THAT'S ON YOUR DOORSTEP

Contact NFU Mutual Crediton on **01363 775511**  
[Crediton\\_agency@nfumutual.co.uk](mailto:Crediton_agency@nfumutual.co.uk)



The National Farmers Union Mutual Insurance Society Limited (No. 111982).

## Mel Spiller

Registered Foot Health Practitioner  
S.A.C Dip RFHP

**Phone 07375 980 028**

Are your feet in need of some professional help? I offer treatments in the comfort of your own home

My treatments include  
Nail cutting & filing (fingers & toes)  
Removal of Corns and Callus  
Cracked heels  
Thickened & Fungal nails  
Verrucas

And many other foot related complaints  
I am fully insured

✉ [Melanie.spillerfhp@outlook.com](mailto:Melanie.spillerfhp@outlook.com)

📍 [Melspillerfoothealth](http://Melspillerfoothealth)

🌐 [www.melspiller.co.uk](http://www.melspiller.co.uk)

# ADRIAN PAYNE

## Chimney sweep

**YOUR LOCAL SWEEP**

**(EFFORD)**

**HETAS APPROVED  
NACS Registered  
Certificates Issued**



**Telephone**

**01392 851199**

**[www.adrianpaynechimneysweep.com](http://www.adrianpaynechimneysweep.com)**



**The Little Lodge Company**

Simply Designed, Beautifully Realised

Bespoke timber cabins and garden rooms



Based in Shobrooke, we design and build a wide range of timber buildings, working with our clients through all stages of a project to create bespoke, fully insulated garden buildings, cabins, offices and studios.

We offer highly competitive pricing and quality workmanship and are always happy to discuss projects, share ideas and offer estimates with no obligation.

Please contact Leslie for more information.

[www.thelittlelodgecompany.co.uk](http://www.thelittlelodgecompany.co.uk)

Tel. 07795 818090



# ENERGY SYSTEMS

Est. 1984  
(SW LTD)



**OIL & GAS FIRED HEATING SPECIALISTS**

[info@energy-systems-sw.co.uk](mailto:info@energy-systems-sw.co.uk)

[www.energy-systems-sw.co.uk](http://www.energy-systems-sw.co.uk)

**OIL & GAS FIRED HEATING SPECIALISTS**  
BOILER AND SYSTEM MAINTENANCE  
AGA & RAYBURN SERVICE ENGINEERS  
OIL STORAGE TANKS & HEATING CONTROLS



**Tel: (01392) 860558**





## Jonathan Wood Veterinary Surgeons.

Mixed animal veterinary practice, with our heart in the community.

We treat your animals as we would our own.

RCVS practice standards accredited

Cat Friendly accredited clinic

[www.jwoodvet.co.uk](http://www.jwoodvet.co.uk)

[hospital@jwoodvet.co.uk](mailto:hospital@jwoodvet.co.uk)

01363 772319

24hr emergency service



Est 1831

# TUCKERS

## COUNTRY STORES

Seedsman • Agricultural Merchants • Maltsters

Commercial Road, Lord's Meadow  
CREDITON, EX17 1ER (01363) 772202

[www.edwintucker.com](http://www.edwintucker.com)  
[crediton@edwintucker.com](mailto:crediton@edwintucker.com)

- Huge Selection of Pet Food
- Pet Beds, Toys & Other Accessories
- Composts & Fertilisers
- Plants & Shrubs
- Own Range of Vegetable & Flower Seeds
- Horse Feed & Supplements
- Saddlery & Tack
- Clothing for Horse & Rider
- Leisure & Work Wear
- Fencing & Gates
- Homebrew
- Cards & Garden Gift Voucher
- Tools & Hardware
- Coal & Bottled Gas

**PET  
EQUINE  
GARDEN  
AND  
FARM SUPPLIES**

**OPEN 6 DAYS  
A WEEK  
MON - SAT  
8.30am - 5pm**

.....and much much more

# SHOBROOKE BUS TIMES

## **Service 347 to Crediton operated by Dartline**

### **Monday & Thursday**

Departing Shobrooke Red Lion at 10:46 arriving Crediton 10:57

Returning at 13:05 from The Green and the High Street  
arriving in Shobrooke at 13:16

### **Tuesdays and Fridays**

Departing Shobrooke Red Lion at 09:51 arriving Crediton 10:02

Returning at 14:05 from The Green and the High Street  
arriving in Shobrooke at 14:16

## **Service 679 to Exeter via Raddon Cross and Shute operated by Dartline**

Wednesdays only, departs from the Red Lion at 09:58 arriving in Exeter Bus Station at 10:30

*(This service starts in the morning at Black Dog at 09:15 & arrives in Shobrooke via Kennerleigh, Sandford and Crediton Lloyd's Bank at 09:45 and returns via that route in the afternoon and so can be used for people coming to Shobrooke in the morning or going into Crediton or beyond in the afternoon)*

Returning to Shobrooke from Exeter at 13:24, Paris Street, Exeter Stop 16  
Bus arrives back in Shobrooke at 13:57.

## **Service 870 to Tiverton via Cheriton Fitzpaine, Poughill, Pennymoor, Cadeleigh & Bickleigh and operated by Country Bus.**

Tuesdays only, departing Shobrooke Red Lion at 09:30 arriving Tiverton Bus Station 10:50.

Returning to Shobrooke from Tiverton Bus Station 13:50, *(We haven't been able to confirm the stand number in Tiverton - it used to be stand 6)*

Bus arrives back in Shobrooke at 15:00.

*(In the morning this service starts at Crediton Green at 09:10 and arrives back there in the afternoon at 1520, so can also be used by people coming to Shobrooke or going into Crediton on Tuesday afternoon: if returning from Shobrooke in the afternoon it would be best to tell the driver on the morning journey!)*

**To plan your journey using latest timetable information use:**

**<https://www.travelinesw.com>**

**Phone numbers: Dartline : 01392 872900 Country Bus : 01626 833664**

If you need travel information for other bus and train services in Devon or the South West of England you can contact Traveline on **0871 200 22 33**, but be aware that calls cost 12p per minute.

## USEFUL VILLAGE CONTACTS:

Parish Council:	Anna Clark	see page 24
Village Hall:	Alison Ayres	01363 775103
Churchwardens:	Victoria Leeming	01363 775765
	John Lee	
Red Lion Inn:	Jane Johnson	01363 772340
Playing Fields:	Ben Jacobs	
Yoga Group:	Vivien Hampson	01363 775468
History Group:	Rosemary Barber	01363 773419
Parish Mag. Distr. :	Sally Foot	01363 775388
Allotments:	Lesley Browne	01363 772343
Crafts Group:	Jan Miller	01363 899215
Neighbourhood watch	Lesley Browne	01363 772343

### YOUR LOCAL POLICE OFFICER: PCSO 30030 NICOLA PAYNE

NON EMERGENCY TELEPHONE NUMBER: 101 EMERGENCY TELEPHONE NUMBER: 999

Crediton Neighbourhood Policing Team (Rural South) Telephone: 101

Email: nicola.payne@devonandcornwall.pnn.police.uk

#### EMERGENCY SERVICES:

Police, Fire, Ambulance dial 999  
 Police non-emergency/enquiries...dial 101  
 Crimestoppers.....0800 555 111

#### HEALTH:

NHS non-emergency medical needs...dial 111  
 NHS Direct Helpline 0845 46 47  
 Dental Access Service 01392 207544  
 Comm. Mental Health Team 01363 778600

Redlands Primary care 01363 727111

Crediton Hospital 01363 775588  
 Tiverton Hospital 01884 235400

#### Chemists:

Boots 126 High Street Crediton 772062  
 Crediton Pharmacy 19a High St 773030  
 Lloyds, Chiddenbrook Surgery 772841  
 Tesco 0117240 3898  
 RD&E Hospital (Wonford) 01392 411611

Citizens' Advice Bureau 01363 778410  
 Ring & Ride Comm.Transport 01363 773303

#### Other:

British Red Cross (Crediton) 01363 776348  
 John Groves - Hedgehog Rescue 07966 435147

#### Taxi Services:

**Crediton Cars 01363 777714**  
**White Swan 01363 777786**

Age Concern Crediton 01363 775008  
 Alcoholics Anonymous 0845 7697555  
 Asthma Help-line 0845 7010203  
 Bereavement Support 01363 774652  
 Childline 0800 1111  
 Relate 01392 275681  
 Samaritans 0845 7909090

#### LOCAL COUNCIL SERVICES:

Devon County Council 01392 382000  
 Mid Devon Dist.Council 01884 255255  
 Crediton Office: 01363 773755  
 Punchbowl Tip: 01363 84520  
 County Councillor:  
 Margaret Squires....01363 84337

#### UTILITIES:

##### ELECTRICITY:

Western Power.....0800 365 900  
 GAS:.....0800 111999

##### WATER:

South West Water.....0800 230 0561  
 BT Customer Services.....0800 800 150  
 FLOODLINE: 0845 988 1188

# HOME FROM HOME

With our fantastic online immersive 3D virtual tours at least **ten times more buyers** will view your property!

**A virtual tour is more important than ever.**



**HELMORES**  
SINCE 1699

For a free demo get in touch  
[helmores.com](http://helmores.com) | 01363 777999

# Red Lion Inn

FREE HOUSE

## Specials:

**Saturday is Pizza Night - to eat in or take away (see website for pizza deals)**

**Fridays : Fish and Chips £28.00 for two**

Haddock, Scampi or Fishcake served with gourmet chips, mushy peas and homemade tartar sauce

## March

**Curry & Quiz Night : Thursday 5th**

Curry available from 7.30pm & eyes down 8pm. Note price rise to £10.00 per person. (Normally the 1<sup>st</sup> Thursday of the month)

**Open Mic night : Wednesday 11th from 8pm**

(Normally the 2<sup>nd</sup> Wednesday of the month)

**Classic Cars night : Thursday 26th (Normally last Thursday of the month)**

## April

**Curry & Quiz Night : Thursday 3rd**

Curry available from 7.30pm & eyes down 8pm  
£10.00 per person.

**Open Mic night : Wednesday 9th from 8.00pm**

**Classic Cars night : Thursday 24th**

## May

**Curry & Quiz Night : Thursday 1st**

Curry available from 7.30pm & eyes down 8pm  
£10.00 per person.

**Open Mic night : Wednesday 14th from 8.00pm**

**Classic Cars night : Thursday 29th**

**Takeaways available : Tuesday - Saturday 12-2pm 6-9pm, Sunday 12-3pm**  
see our website for more details

**Shop and Pub Opening Hours : 12-3pm, 6.00pm - close**  
Except Monday when all Closed

**Thank You from all The Red Lion Team**

[www.redlionshobrooke.co.uk](http://www.redlionshobrooke.co.uk) Email: [redlionshobrooke@hotmail.co.uk](mailto:redlionshobrooke@hotmail.co.uk)

Telephone: 01363 772340